

## **EVENT GUIDE**

### **Regulatory Power:**

The FIM AFRICA Motocross of African Nations 2022 will be held under the FIM AFRICA GSR (also known as GSR's), FIM AFRICA Motocross Standing Supplementary Regulations (and its Appendices) and the Event Supplementary Regulations (SRs).

**This document has no regulatory power and is issued as a guide only.**

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**1.0 INTRODUCTION****1.1 Message From The Organising Committee**

The FIM AFRICA Motocross of African Nations 2022 Organizing Committee invites you to come and experience this historic event in the Pearl of Africa. Competitors and Teams will enjoy the hospitality of Uganda and treat themselves to a land of diverse cultures and sights.

The FIM AFRICA Motocross of African Nations 2022 is organised by Federation of Motor Sports Clubs of Uganda (FMCU).

We, the organisers of the FIM Africa Motocross of African Nations 2022 look forward to your teams' valued participation in our event and have compiled this booklet to assist you in all your arrangements for this year's event.

This Event Guide contains information to assist you in preparing for this event. Should any of your queries not be covered in this booklet, please do not hesitate to contact the Event Secretariat.

*Kisitu-Mayanja*

**Kisitu Mayanja**  
**Vice Chairman, Organising Committee**  
**2022 FIM AFRICA MOTOCROSS OF AFRICAN NATIONS**

## **1.2 History**

Uganda is the source of the Nile, and was fondly baptized the 'Pearl of Africa' by the late Sir Winston Churchill when he visited the country in 1907 owing to its beauty and wonder. The country busts with life, magnificence, colour and biodiversity.

The sport of motorcycling in Uganda was introduced on the scene in the early 1960's debuting races like the East African Championship which ran between the two East African countries Kenya and Uganda. Motocross has evolved from "speedway" racing and grass track racing in stadiums and now to the more advanced Motocross at racetracks such as the Victoria Raceway Park at Garuga on the shores of Lake Victoria. The standard Motocross Classes (MX50, MX65, MX85(Lites), MX125, MX2, MX1) were pretty much introduced in Uganda in May 2005 when Uganda hosted its first AMU (now FIM AFRICA) recognised East African Championship in the Lubiri (Buganda King's Palace) circuit.

Today, Uganda has become one of the top motocross powerhouses on the African continent having been honored by FIM AFRICA with hosting the FIM AFRICA MXoAN for the first time in 2012 in which Team Uganda took the Championship beating Kenya to 2<sup>nd</sup> Position and Zimbabwe to 3<sup>rd</sup> Position.

Hosting the 2022 edition is an opportunity for Uganda to prove its position among the table of African champions.

## **1.3 Event Overview**

The 2022 edition of the FIM Africa Motocross of African Nations will be organised over three days. The event will be held at the Victoria Raceway Park, 20 Minutes' drive from the Entebbe International Airport and 50 Minutes from the center of Uganda's capital, Kampala.

**All time mentioned in this booklet is EAST AFRICAN STANDARD TIME – GMT+3**

### **Day 1 Friday August 19<sup>th</sup>, 2022**

Registration, Documentation, Technical Control and verification 11h00 – 18h00

### **Day 2 Saturday August 20<sup>th</sup>, 2022**

Official Practice & Start Practice	08h00 – 10h30
Riders' Briefing	10h35
Race – Heat 1	14h00 – 16h40

### **Day 3 Sunday August 21<sup>st</sup>, 2022**

Free Practice	07h00 – 08h00
Grand Parade	08h30
Races – Heat 2 & 3	09h20 – 15h30
Prize Giving	17h00

Please note that the details of the event will be available in the Supplementary Regulations (SRs) for the event, which will be made available soon.

The organisers wish to point out also that the format given above is a draft précis of the Program and is subject to change in case conditions on the ground demand so. Any significant changes will however be communicated to all aspiring competitors, as and when they occur.

## **2.0 EVENT ORGANISATION**

### **2.1 Event Office Details and contacts:**

Federation Of Motor Sports Clubs Of Uganda  
National Council of Sports Complex, Lugogo  
P. O. Box 36772,  
Kampala

Uganda

**FMU President:** Mr. Dipu Ruparelia  
Cell: +256 772 797 979

**FMU Vice President Technical (Motorcycling):** Mr. Kisitu Mayanja  
Cell: +256 703 635 733  
E-mail: kisitumay@yahoo.com  
dvpmotorcycling@motorsportuganda.com

**Event Secretary, Organising Committee:** Mr. Reynolds K. Kibira  
Cell +256 703 030 393  
Email: reyxxx7kadok@gmail.com

**Clerk of the Course:** Mr. Joseph M. Mwangala  
Cell +256 772 140 010 / +256 704 488 367  
Email: jmwangala@yahoo.com

### **Programme of the Event**

OPENING DATE FOR ENTRIES:	Monday 09 <sup>th</sup> May, 2022.
CLOSING DATE OF ENTRIES:	Friday 22 <sup>nd</sup> July, 2022.
OFFICIAL PRACTICE (All Competitors):	Saturday 20 <sup>th</sup> August, 2022. From 08h00
DATE OF THE DOCUMENTATION & ADMINISTRATIVE CHECKS AND TECHNICAL CONTROL:	Friday 19 <sup>th</sup> August, 2022: From 11h00 to 18h00 Place: Victoria Raceway Park, Garuga
SCHEDULE:	Uganda 11h00. Kenya 12h00. South Africa 12h30. Zimbabwe 13h00. Botswana 13h30. Zambia 14h00 Namibia 14h30. Morocco 15h00. Others 15h15
DATE OF THE TECHNICAL CONTROL:	Friday 19 <sup>th</sup> August, 2022: From 12h00 to 18h00 Place: Victoria Raceway Park, Garuga
SCHEDULE:	Uganda 12h00. Kenya 13h00. South Africa 13h30. Zimbabwe 14h00. Botswana 14h30. Zambia 15h00. Namibia 15h30. North Africa and other Nations 16h00.
DATE OF THE FIRST JURY MEETING:	Place: Victoria Raceway Park, Garuga Time: Saturday 20 <sup>th</sup> August, 2022: Time 07h30
DATE OF PUBLICATION OF THE LIST OF RIDERS ELIGIBLE TO TAKE THE START:	Place: Victoria Raceway Park, Garuga Official Notice Board, Event HQ Friday 19 <sup>th</sup> August, 2022 Time: 18h15
STARTING DATE OF THE RACE:	Place: Victoria Raceway Park, Garuga Time: Saturday August 20 <sup>th</sup> , 2022, 14h00

FINISHING DATE OF THE RACE:	Place: Victoria Raceway Park, Garuga. Time: 16h00 Sunday August 21 <sup>st</sup> , 2022
DATE OF FINAL CHECKS:	Place: Victoria Raceway Park, Garuga. Time: 16h00 Sunday August 21 <sup>st</sup> , 2022
PLACE AND TIME OF PUBLICATION OF RESULTS:	Place: Official Notice Board, Victoria Raceway Park, Time: 10 Minutes after each heat Sat. August 20 <sup>th</sup> , 2022 & Sun. August 21 <sup>st</sup> , 2022
PRIZE GIVING:	Place: Venue to be confirmed Time: 17h00 Sunday August 21 <sup>st</sup> , 2022
OFFICIAL NOTICE BOARD:	Place: Victoria Raceway Park, Garuga. Date: From Wednesday 17 <sup>th</sup> August, 2022
EVENT HEADQUARTERS:	Place: Victoria Raceway Park, Garuga Telephone: +256 703 030 393
PRESS ROOMS:	Place: Victoria Raceway Park, Garuga. Times: 07:00 hrs – 19:00 hrs Thursday August 18 <sup>th</sup> , 2022 to Sunday August 21 <sup>st</sup> , 2022

### 2.3 Critical Competitor Deadlines

Date	Time	Activity
Friday 22 <sup>nd</sup> July, 2022	18h00	Closing of Entries
Friday 19 <sup>th</sup> August, 2022	11h00 – 18h00	Documentation & Administrative Checks
Friday 19 <sup>th</sup> August, 2022	12h00 – 18h00	Technical Control
Saturday 20 <sup>th</sup> August, 2022	08h00	Official Practice
Saturday 20 <sup>th</sup> August, 2022	14h00	Start of Race
Sunday 21 <sup>st</sup> August, 2022	16h00	Finish of Race
Sunday 21 <sup>st</sup> August, 2022	17h00	Prize Giving

### 3.0 COMPETITORS ARRANGEMENTS: 'PRE-EVENT'

#### 3.1 Entry Details

Potential entrants for this event must send an entry form duly completed to:

The Secretariat  
FIM Africa Motocross of African Nations  
P. O. Box 36772,  
Kampala, Uganda

**Attention:** Mr. Reynolds K. Kibira  
Cell +256 703 030 393 (WhatsApp)  
Email: reyxxx7kadok@gmail.com

fmudvpcycling@motorsportuganda.com

The entry form together with the entry fee must reach the organiser at the latest on:

Closing date: Friday 22<sup>nd</sup> July, 2022

If the entry is sent by e-mail, the original must be scanned and sent before closing of entries.

Entry fees can be paid either in Uganda shillings or the equivalent rate in any convertible currency (1 US \$ = approx. Ug. Shs. 3,700). Payment may be made in cash.

Sum of entry fees is as follows:

With the organiser's optional advertising, full payment before

**Entry Fee: US \$ 100.00** (This includes Rider & Mechanic Gate entry.)

**Late Entry Fine US \$ 50.00**

**Late Documentation Fine – US \$ 10.00**

Without the organiser's optional advertising an additional amount to US \$ 200.00 must be paid.

### 3.2 Competitor Assistance

For international entrants, organizers are negotiating for the following concessions:

- **Fuel** - At the time of compiling this guide, negotiations with a potential fuel sponsor had not been concluded. This information will be relayed to foreign competitors as soon as it is available.
- **Airlines Fares** – At the time of compiling this guide, negotiations with Uganda Airlines is in progress and discounted rates will be relayed to foreign competitors as soon as finalized.
- **Accommodation** – At the time of compiling this guide, negotiations with these and other hotels had not been concluded. This information is as the current negotiated discounted rates. More information will be relayed to foreign competitors as and when is available.  
**Please note that when contacting these hotels, please mention "Motocross of African Nations"**

#### 1. ADMAS GRAND HOTEL, ENTEBBE

**Contact:** Evelyne Ninsiima +256 773 113541 /+256 705 321141  
[salesandmarketing@admasgrandhotel.com](mailto:salesandmarketing@admasgrandhotel.com)  
[www.admasgrandhotel.com](http://www.admasgrandhotel.com)

**Rates:** - Bed & Breakfast US \$ 130 (Twin occupancy)  
- Bed & Breakfast US \$ 100 (Single occupancy)

#### 2. BEST WESTERN HOTEL

**Contact:** Alice Saula [sales@bestwesternghe.co.ug](mailto:sales@bestwesternghe.co.ug)  
**Rates:** - Bed & Breakfast US \$ 115

#### 3. COUNTRY LAKE RESORT, GARUGA

**Contact:** Edepi Victor Felix +256 781 900041 /+256 709 066055 / +256 759 67919  
[felixcountrylake@gmail.com](mailto:felixcountrylake@gmail.com) <http://countrylakeresort.net/>

**Rates:** Standard Room - Bed & Breakfast US \$ 70 (Double occupancy)  
- Bed & Breakfast US \$ 50 (Single occupancy)  
1 bedroom Cottage (2 Pax) - Bed & Breakfast US \$ 70  
2 bedroom Cottage (4 Pax) - Bed & Breakfast US \$ 110  
3 bedroom Cottage (6 Pax) - Bed & Breakfast US \$ 150

#### 4. DREAMJET GUEST HOUSE

**Contact:****Rates:** - Bed & Breakfast US \$ 40**5 K HOTELS****Contact:** [info@khotels.ug](mailto:info@khotels.ug)**Rates:** - Bed & Breakfast US \$ 115**6 NO 5 BOUTIQUE****Contact:** Maureen [bookings@hotelnumber5.com](mailto:bookings@hotelnumber5.com)**Rates:** - Bed & Breakfast US \$ 115**7 SPEKE RESORT, MUNYONYO****Contact:** Amit Sachdeva +256 772 777726 [amit@spekegroup.com](mailto:amit@spekegroup.com)**Rates:** - Bed & Breakfast US \$ 50

*Details of vehicle hire in the environs of Entebbe and Kampala will be available on this page at a later date.*

**3.3 Vehicle and Parts Importation**

All vehicles and spare parts, temporarily imported into Uganda must be guaranteed against import duty and taxes. There are three ways in which this can be done:

**i) Carnet de Passage**

This document allows the temporary importation of a vehicle and any spare parts declared on related documents. Guarantees the payment of import duties and taxes on the vehicle or spare parts, should you not re-export them. It is the most convenient way of temporarily importing a vehicle and spare parts.

The original carnet and related documents must be presented to Customs at the port of entry and again at the port of exit.

The Carnet de Passage is obtainable from your local FMN.

**ii) Insurance Bond**

This involves the execution of a customs bond with an insurance company. The Commissioner of Custom calculates the duty and taxes payable on the vehicle and spare parts. The importer pays a percentage of the duty and taxes payable, as a premium, to an insurance company, which thus becomes the guarantor.

The original bond must be presented to Customs at the point of exit, where it will be cancelled on re-exportation of the vehicle and spare parts.

**iii) Cash Deposit**

This involves the deposit of an amount of money, equivalent to the import duty and taxes payable on the vehicle and spare parts, which is refundable on re-exportation of the vehicle and spare parts.

This method is not only very expensive, but also very time consuming.

**The organizers are working with the Uganda Revenue Authority for ease of Temporary importation and Re Exportation of racing bikes for foreign teams.**

**3.4 Radio Licencing (VHF, 2 Way)**



It is illegal to operate any radio communication in Uganda without radio licence. The process of obtaining a license from the Uganda Communications Commission is very tedious, and it is advised that crews requiring to have a team channel utilise one of the mobile phone companies' services

### **3.5 Medical Cards: N/A**

### **3.6 Personal Accident Insurance: N/A**

### **3.7 Servicing Arrangements**

There is only one Pit area at the Victoria Raceway Park, Garuga. Access is by tarmac (asphalt) roads with 0.2 Km murrum.

All service and auxiliary vehicles need plates to gain entry into the Pits. **The entry fees include one stickers for service cars.** Additional Auxiliary Plates may be applied for from the Race office.

Only one vehicle, either service or auxiliary, for each competitor, may be allowed to remain in the pits at any given time.

Any additional vehicles, either service or auxiliary are allowed entry into Pits either to drop spares or Pit crew at the Pits area and must exit promptly after that.

There are several competent outfits that will help with servicing arrangements, who the organiser will help contact on behalf of the competitor.

### **3.8 Fuel**

Petrol and Diesel is readily available at Fuel Stations throughout Uganda.

### **3.9 Tobacco Advertising**

There are no restrictions on tobacco advertising in Uganda at the time of publication of this Event Guide.

### **3.10 Prize Giving**

The Prize Giving ceremony will be held on Sunday August 21<sup>st</sup>, 2022 at the track or at a venue to be confirmed.

### **3.12 Corporate Hospitality**

Corporate hospitality, for both organisers' and competitor: sponsors, will be available near the pits on all three days

## **4.0 COMPETITORS ARRANGEMENTS: 'EVENT'**

### **4.1 Secretariat**

The secretariat will be at the Victoria Raceway Park, Garuga during the running of the event and will be open at the following times

- |   |                      |
|---|----------------------|
| - Friday August 19 <sup>th</sup> , 2022   | - 07:00 to 19:00 Hrs |
| - Saturday August 20 <sup>th</sup> , 2022 | - 07:00 to 20:00 Hrs |
| - Sunday August 21 <sup>st</sup> , 2022   | - 06:30 to 19:00 Hrs |

The following people will be available at the secretariat:

- Mr. Reynolds K. Kibira - +256 703 030 393 – Event Secretary

- Ms Gloria Nantongo - +256 754 961 925

## **4.2 Media Publicity**

The FIM Africa Mx of African nations will be well covered by the media. The event will feature in the media regularly for the three months prior to its running. There are three leading English daily newspapers, in addition to numerous periodicals that cover the event. Kampala has a number of FM stations with vibrant sports programmes that usually give motor sport a lot of airtime. It is expected also that the event will be covered on the pay to channel, DSTV's SuperSport.

Similarly, the national TV channel, UBC, as well as other local channels (Star, Bukedde, BBS Terefayina, NTV, Record, NBS & Motorsports TV) screen news and breaking stories around the event.

**The pressroom will be situated at the Victoria Raceway Park, Garuga from Wednesday August 17<sup>th</sup>, 2022, for the duration of the event.** There will be official press media who will send information back to their respective media houses during the event. If requested, please assist the media regarding newsworthy items concerning your performance.

## **4.3 Competitors Briefing**

Competitors (riders) briefing will be held at the Start Gates on Saturday August 20<sup>th</sup>, 2022. Time: 10h30.

This is an important briefing because any changes noted will be communicated to the riders.

## **4.4 Documentation**

Please note that correctly filling in an entry form includes filling in details of the competitor's past career. This information is essential for a write up in the Official Programme and the Media book.

In addition, the correct entry fees need to be paid up before documentation can begin.

Documentation, at Victoria Raceway Park, Garuga will be on Friday August 19<sup>th</sup>, 2022 between 11h00 – 18h00.

At documentation, the following will be checked:

- Correctly filled and fully paid up entry forms (for international entrants, a stamp on the entry form, or letter from his / her FMN, permitting participation in this event).
- A correctly filled FIM AFRICA Competitor Medical Information Form
- A valid FIM Africa competition licence
- Riders' Birth Certificate or Passport

## **4.5 Technical Control**

<b>Venue</b>	Victoria Raceway Park, Garuga
<b>Date</b>	Friday August 19 <sup>th</sup> , 2022
<b>Time</b>	12h00 – 18h00

**Note** Any lateness will be penalised as per the FIM Africa Regulations.

## **5.0 GENERAL**

### **5.1 Facts about Uganda**

Please check the 'General Services' section for more details

<b>Airport</b>	Uganda has one International airport - Entebbe International Airport, which is forty-five minute drive from the city centre and 29 minutes' drive or 19.4 Km from the Airport to Victoria Raceway Park, Garuga.
<b>Capital</b>	Uganda's capital is Kampala, around which the Event is based, with a day time population of up to 4 million.
<b>Car Hire</b>	There are good local car hire firms that have offices in Kampala. Rates depend on the distance travelled and the type of car.
<b>Climate</b>	Uganda has a beautiful climate. Daytime temperatures rarely go above 30 degrees (Centigrade) and the nights are pleasantly cool. Uganda straddles the equator; therefore the area through which the event will be run will not cause any undue stress to the competitors
<b>Communication</b>	There are both networks of a telephone system, landline and cellular, covering the whole country. In addition <b>three</b> digital cellular networks cover most parts of Kampala. International fax, telephone, Internet and Email services can be found in most towns around the country
<b>Credit Cards</b>	Most international credit cards are accepted in the major hotels and restaurants, as are traveler's cheques.
<b>Currency</b>	Uganda's currency is the shilling (Ug. Shs. in denominations of Ug. Shs. 50/=, 100/=, 200/=, 500/= (coins), Ug. Shs. 1,000/=, 5,000/=, 10,000/=, 20,000/= and 50,000/= (notes). Banks operate from 08h30 to 17h00 on weekdays, and from 09h00 Hrs to 12h00 on weekends. Money and exchange services are also available through the foreign exchange bureau, which are prevalent in the city, airport and most hotels. <b>For U.S. currency be aware that notes printed before 2000 are not accepted in most forex bureau.</b>
<b>Health</b>	<p>Under the COVID-19 pandemic, currently travelers will need to provide a negative COVID-19 test certificate no more than 72 hours before boarding the aircraft.</p> <p>Due to the large prevalence of malaria in Uganda, visitors are advised to begin anti-malaria prophylaxis a week before arriving in the country and continue for four weeks after they've left. Very efficient private hospital care, clinics, chemists, air rescue services etc. are available in Entebbe and Kampala.</p>
<b>Immigration</b>	All visitors are required to have a valid passport and a Yellow Fever Immunization Card. Information as to whether Visas are required should be sought from the nearest Uganda High Commission or Tourist Office.
<b>Visas and Passes</b>	<ul style="list-style-type: none"> <li>- All visa prone nationalities must obtain Uganda visas to facilitate their entry into the country</li> <li>- Uganda visas may be obtained at Uganda missions abroad or on arrival at the ports of entry in the country.</li> <li>- All travelers to Uganda <b>MUST</b> have a valid Yellow Fever Immunization card.</li> </ul>

**List of visa exempt nationalities i.e. nationals of countries that do not pay for Uganda visas:**

Angola, Eritrea, Malawi, Madagascar, Seychelles, Swaziland, Zambia, Comoros, Kenya, Mauritius, Zimbabwe, Botswana, Tanzania, Rwanda, Burundi, Antigua, Barbados, Fiji, Grenada, Lesotho, Sierra Leone, Solomon Islands, The Grenadines, Vanuatu, Ghana, Cyprus, Bahamas, Belize, The Gambia, Jamaica, Malta, Singapore, St. Vincent-Tonga, Ireland, Libya.

Residents of Kenya, Rwanda and Uganda travelling to any of the three countries can now enter the alternative Partner State without paying for visas.

**Language** English is the official language, while Luganda and Kiswahili are the other local languages widely spoken.

**Restaurants** Entebbe and Kampala have a wide selection of eating places, catering for almost all know cuisine in the world.

There are several restaurants, which, in addition to an excellent meal, lay on extra entertainment with an African theme.

**Functions (Social Activities)**

Kampala has several cinema halls of a high standard that screen relatively new movies. In addition there are theatres that stage local plays, music festivals etc. regularly.

The daily newspapers have an entertainment section that lists the social activities for that particular day.

**Security** Keep valuables in the hotel safe and avoid explicit shows of affluence and wearing items that can be easily snatched. Avoid isolated places and walking anywhere alone after 20H00.

**Time Zone** Uganda is 3 hours ahead of Greenwich Meridian Time (GMT + 3).

**Transport** Taxis are easily available and should be used where possible. Matatus are the common means of transport.

**Voltage** Uganda's electricity grid is 220 – 240 volts AC, with a square three-pin plus system.

**Water** Always make sure you drink either filtered tap water or bottled mineral water, which is available in all hotel and supermarkets.

**5.2 Driving In Uganda*****Please Read This Section Carefully***

All primary roads radiating out of Kampala to all four corners the Country are smooth asphalt. You can expect a lot of speed bumps, some unmarked, and the occasional pothole.

Driving in Uganda is on the left side of the road. Consequently most cars are right hand drive. Overtaking is only on the right side

Please give way to pedestrians on the zebra crossings. Drive safely by observing **traffic signs, speed limits** and by wearing **safety belts**. Talking on a mobile phone (without a hands free gadget) while driving is a serious offence.

All residential, business and industrial areas and areas having streetlights (built up areas), have a speed limit of **50kph**. In some areas, road signs indicate varying speed limits. Elsewhere, the speed limit is **80kph**.

It is an offence to drink and drive in Uganda, and if caught, a stiff fine or imprisonment can result.

**Beware of potholes and broken roadsides.** Vehicles may come onto your side of the road while over-taking or avoiding a pothole: Most accidents involve buses, lorries, mini buses (matatus) and boda-bodas (motorcycle taxis).

There are emergency breakdown services available in most places in Uganda. **Beware of roadside mechanics if your vehicle does break down.**

**5.3 Important Information**

<b>Emergency Service</b>	<b>Telephone</b>
Ambulance	999
Fire Brigade	999
Police (for and accident)	999
Africa Air Rescue	+256 414 258527
Central Police Station Kampala	+256 414 254561/2
Department of Immigration	+256 414 231031/3

**5.4 Consular Services**

Belgium	Lumumba Avenue	Tel: +256 414 349559
Burundi	9 Roscoe Road, K'ia	Tel: +256 414 534503
Canada	IPS Building, Kampala	Tel: +256 414 258141
Congo(DRC)	22 Kololo, Kampala	Tel: +256 414 346606
Denmark	3 Lumumba Avenue	Tel: +256 414 350938
Egypt	.....	.....
EU	Rwenzori House	Tel: +256 414 233303
Eriteria	Opp Reste Corner Hotel	Tel: +256 414 269830
Ethiopia	31 Kiira Road	Tel: +256 414 341881
France	16, Lumumba Avenue	Tel: +256 414 342120
Ghana	Heritage Park, Entebbe	Tel: +256 772 409765
Germany	15, Philip Road, Kololo	Tel: +256 414 256767
Italy	11 Lourdel Road, Nakasero	Tel: +256 414 250450
Kenya	41 Nakasero Road, Kampala	Tel: +256 414 258235
- Corporate office:	3 Upper Kololo Terrace	Tel: +256 784 030494
Netherlands	Kisozi Complex, Nakasero Lane	Tel: +256 414 231859
Nigeria	33 Nakasero Road	Tel: +256 414 245943
Rwanda	2 Nakasero Road	Tel: +256 414 344045
South Africa	2B Nakasero Hill Road	Tel: +256 414 343543
Tanzania	6 Kagera Road, Nakasero	Tel: +256 414 256272
UK	Kiira Road	Tel: +256 414 257054
USA	Gaba Road	Tel: +256 414 259791

**5.5 General Services****International Air Services**

Uganda Airlines will be the official carrier for the FIM AFRICA MX of Africa Nations. Discounted rates shall be communicated.

Uganda Airlines            +256 200 406 400  
reservations@ugandairlines.com

<b>Name</b>	<b>Telephone</b>
Ethiopian Airlines	+256 414 234200 / 234201
Kenya Airways	+256 414 321130 / 320570
Air Tanzania	+256 414 234631 / 234673
Rwanda Air	
Egypt Air	+256 414 233960, 341276
Emirates Airlines	+256 414 349942/3/4
KLM	

**Banks**

Kenya Commercial Bank  
ABSA Bank  
Standard Chartered Bank (U) Limited  
Citibank  
Stanbic Bank  
Centenary Rural Development Trust Bank  
Bank Of Baroda  
Diamond Trust Bank  
Tropical Bank

**Tours And Travel****American Rent A Car**

UMA Show ground  
Tel: +256 414 220423 -  
Email: arc@africaonline.co.ug

**Africa Travel Limited**

Plot 6, Buganda Road  
Tel: +256 414 341330  
Email: atl@infocom.co.ug

Great Lakes Safaris  
Mutungo Hill, Plot 1001 Block 243  
P.O. Box 33024 Kampala, Uganda  
Tel: +256-393-267153  
Tel: +256-772-426368  
Email: info@greatlakessafaris.com

**Courier Services**

Skynet Worldwide Express  
16, Old Port Bell Road,  
Tel: +256 414 343380, +256 414 236393, +256 414 235269

Fedex Express  
International Conference Centre

Ground Floor

DAKS Couriers  
Kiira Road,

DHL  
Clement Hill Road,  
Shimoni Village,

**Mobile Telephony**

**Airtel Uganda** - 40 Wampewo Avenue, Tel: +256 752 230110

**MTN** - 22, Hannington Road, Tel: +256 782 212333

**Uganda Telecom** - Rwenzori Court, Tel: +256 41 4342807

**Secretarial Services** - Business Centres can be found in most Hotels.

**Restaurants**

**Belgian** - Le Chateau, Ggaba Road, Kabalagala 1

**Chinese** - Fang Fang, Communications House  
Shanghai, Ternan Avenue

**Continental** - Kampala Casino, 1st Floor, Pan Africa House, Plot 3 Kimathi Ave.  
Faze 2, Nakasero Road  
7 Cooper Road, Kisementi

**Ethiopian** - Fasika, Ggaba Road

**French** - Le Petit Bistro, Ggaba Road

**Greek** - Andy the Greek's, 30 Windsor Crescent, Kololo

**Indian** - Khyber Pass, Speke Hotel Complex  
Haandi Restaurant, Commercial Plaza, Kampala Road

**Italian** - Mamba Point, 22a Akii Bua Road, Nakasero  
Mamma Mia Restaurant c/o Speke Hotel, Nile Avenue

**Lebanese** - AI Tarboush, Park Royal Shopping Arcade, 76 Bombo Road

**5.6 Medical Services**

In case of an emergency, please call the FIM Africa Mx of African Nations 2022 offices for the Chief Medical Officer (Dr. David Ochan Otim - +256 773 490 390). If unavailable, (or outside office hours), please check the relevant information below.

Hospital rates vary, with good and prompt, but expensive service available in the two main private hospitals.

**All Hotel Reception desks have a good, private practitioner on call**, who will administer our patient treatment and arrange hospital or consultant services when required.

<b>Hospitals</b>	<b>Telephone</b>	<b>Distance from track</b>
Mulago National Referral Hospital	+256 414 554009	43 km (46 min)
Our Lady of Consolata - Kisubi Hospital	+256 700 541667	8.1 km (18 min)
CoRSU Rehabilitation Hospital, Kisubi	+256 794 900154 /	9.8 km (18 min)

St. Francis Hospital, Nsambya	+256 794 900111 +256 414 266998 / +256 414 267012	36.1 km (48 min)
Kampala International Hospital	+256 312 200400	39.4 km (57 min)
Case Medical Centre	+256 414 250362	44.5 km (51 min)

**General Medical Practitioners**

Dr. Ahmed (Ali Medical Services)	+ 256
Dr. Ian Clarke (Int. Hospital)	+256 414 341291
Dr. R. Stockley	+256 414 256003
Dr. David Torr (Joda Clinic)	+256 414 231254
Dr A. Shirazi (Orthopaedic surgeon)	+256 414 346157
Dr. Sebbaale (Case Med. Cen.)	+256 414 250362

**CLINICS**

Mayo Clinic	+256 772 403760
International Medical Centre	+256 414 341291
Joda Clinic, c/o TLC,	+256 414 231254

**5.7 Vehicle Services****Batteries**

Uganda Batteries Ltd	+256 414 343 150
Battery Plus Limited	+256 414 233 152

**Repairs**

Speedway Engineering	+256 772 506 380
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**Tyre Dealers**

City Tyres (Pirelli & Dunlop)	+256 414 231 955
Tren Tyre (Goodyear)	
Tyre World (BF Goodrich)	
Arrow Centre (Michellin)	



The Historical Kasubi Tombs are the burial grounds for legendary Buganda Kings and are found 5 kilometers from the Kampala city centre.





The source of the River Nile is located in Jinja 80 kilometers East of Kampala City



Murchison falls drift away , these beautiful falls are a tributary of the river Nile and are found 150 miles Northwest of Kampala.



The Hippopotamus is a site to behold at the Queen Elizabeth National Park in Western Uganda .



**Sharing the love;** a band of gorillas enjoying the afternoon sun shade at the Bwindi Impenetrable Park in South West Uganda



The magnificent picturesque of the Rwenzori Mountain ranges in Western Uganda, there is no such compare to Beauty !



Action at the Victoria Raceway Park. In the background is Lake Victoria, the world's 3<sup>rd</sup> biggest lake (68,870 sq. kms)